

ABINGTON PARK AND RECREATION ISLAND GROVE SWIMMING LESSONS

There will be two 3-week sessions offered this summer.

Session I June 22 — July 10 (No Class on July 4th)

Session II July 20 – August 7

Sign up online, through the mail with Membership Application or at the open registrations.

You may register for any session and/or both sessions.

The general objective of our Lesson Program is to provide an atmosphere where children can learn water skills in a safe and enthusiastic environment. We use the Water and Safety skills outlined by the American Red Cross Progressive Swimming courses as our primary teaching guide. However, we also include our own creative motivational techniques along with a heavy dose of enthusiasm to make sure that the learning is stimulating, stress-free, and fun! When selecting a course of instruction for your child(ren), use their previous Red Cross Courses as a guide. However, please be conservative when signing up for their first course of the summer. Repeating courses (especially at the Water Exploration and Primary Skills levels) can be a very valuable experience, when you consider that swimming skills are best learned through repetition. It is not uncommon for youngsters to stay in the same Red Cross skill level for two sessions.

GENERAL GUIDELINES:

1. In order to participate in the program your child must be at least 4 years of age before the start of the class.
2. Classes are held unless weather conditions threaten the safety of the students and department staff. Classes are not held if there is lightning in the area.
3. If classes are canceled due to inclement weather, classes will not be made up unless the Pool Director feels that students have not had enough instruction time to learn skills needed to pass their current level.
4. Parents (not participating in lesson) are encouraged to leave the beach area completely. This policy will help the instructor develop the “Trusting Relationships” necessary for the learning process to begin.
5. There will be 15 minutes in between each instructor’s lessons. This will allow the instructor to warm up and let parents ask questions if needed.
6. All lessons will begin and end promptly on schedule.
7. Second session class schedule will be adjusted if needed according to the needs of the memberships.
8. At the end of each session those children who have successfully completed all required skills will receive a Red Cross card.
9. Registration fees are not refundable once lessons begin.

Class Times and Levels are listed on the reverse side.