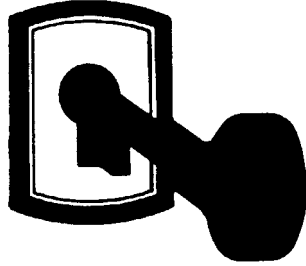


# PREVENT BURNS!

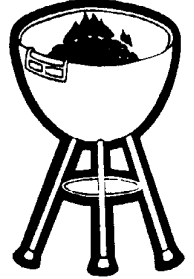
Lock up dangerous items. Keep out of children's reach. **Fire kills. Fire can hurt for life.**



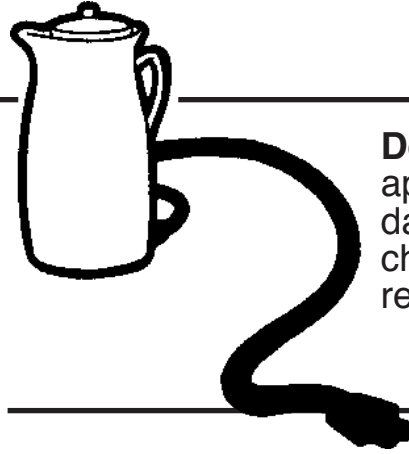
**Stay away** from burner or flame. Don't wear loose clothing near fire.



**Keep** children away from stoves, outdoor grills, campfires, and fireplaces.

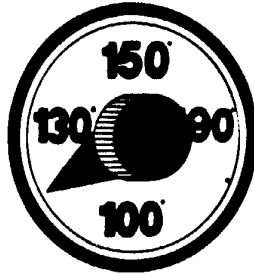


**Keep** hot liquids out of reach of children.

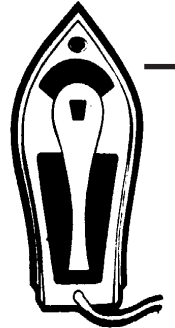


**Don't** let appliance cords dangle where children can reach them.

Turn **down** water heater to less than 130°. Higher temperatures can cause third degree burns (the worst) in two seconds!

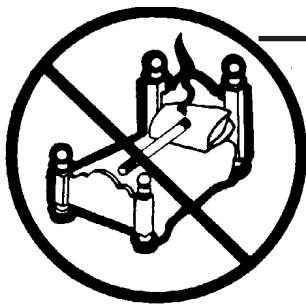
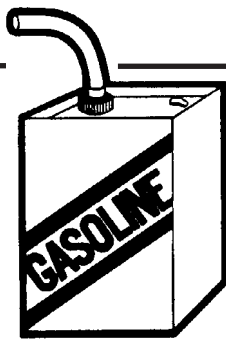


**Always** turn off an iron when it's unattended.



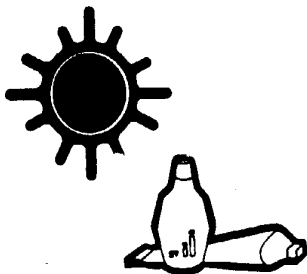
**Turn** pot handles toward the back of the stove.

**Never** use gasoline to start a fire. Use starter fluid with care.



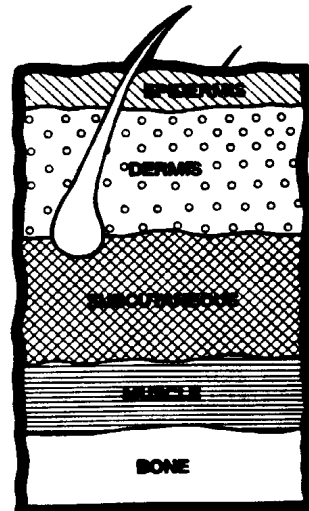
**Never** smoke in bed.

**Protect** your skin from the sun. Use tanning products with a high SPF rating.



## KINDS OF BURNS

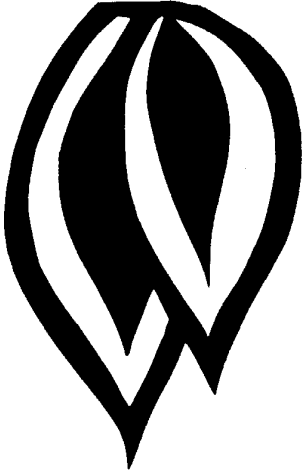
**FIRST DEGREE:** Epidermis (top layer of skin) is damaged. Skin is red and may swell. Victim feels pressure and pain.



**SECOND DEGREE:** Epidermis and dermis (second layer of skin) damaged. Blistering may occur.

**THIRD DEGREE:** Epidermis, dermis, and nerve endings destroyed. Victim may or may not feel pain. Skin is discolored (white, brown, black or red) and leathery in texture. Muscle, fat, and bone may also be destroyed.

Please contact the Burn Center for permission to reproduce any part of this brochure.



# BURN SAFETY

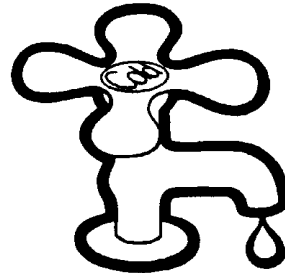
**National Burn Awareness Week**  
February 1-7, 2009

Office of the State Fire Marshal  
Department of Fire Services  
P.O. Box 1025  
Stow, MA 01775  
www.mass.gov/dfs

The Burn Center  
Hennepin County Medical Center  
701 Park Avenue  
Minneapolis, Minnesota 55415  
612-347-2915

Reprinted with permission from:

## FIRST AID FOR BURNS

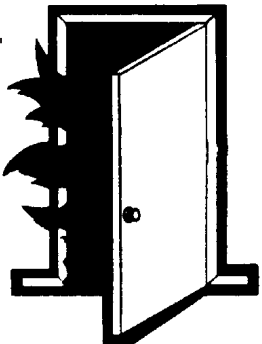


Cool burn area with cold water. Continuously flush a chemical burn.

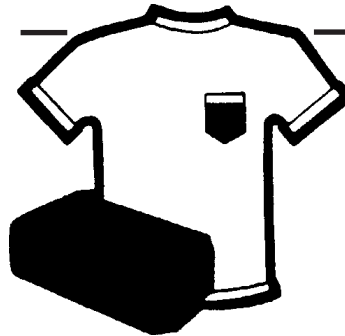
Stop, drop and roll!



Never put grease, butter, or ointment on a burn.



Remove victim from area of danger.



Don't remove clothing from the burn.

Call 911 immediately.



Cover burn with clean sheet or towel.

